

The First Hour

Through the prayers of our holy Fathers, O Lord Jesus Christ, have mercy on us.

: Amen.

Glory to Thee, our God, glory to Thee.

O Heavenly King, Comforter, the Spirit of truth, who art everywhere present and fillest all things, the Treasury of good things and Giver of life: Come, and abide in us, and cleanse us from every stain, and save our souls, O good One.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.
(Thrice)

Glory to the Father, and to the Son, and to the Holy Spirit both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. *(Thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy Name; Thy Kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil

Amen.

Lord, have mercy. *(Twelve times)*

Glory to the Father and to the Son and to the Holy Spirit,
both now and ever and unto ages of ages. Amen.

O Come, let us worship and fall down before God our King.

O come, let us worship and fall down before Christ, our King
and our God.

O come, let us worship and fall down before the Very Christ,
our King and our God.

PSALM 5

Reader: Unto my words, give ear, O Lord; hear my cry. Attend unto the voice of my supplication, O my King and my God; for unto Thee will I pray, O Lord. In the morning Thou shalt hear my voice. In the morning shall I stand before Thee, and Thou shalt look upon me; for not a God that willest iniquity art Thou. He that worketh evil shall not dwell near Thee, nor shall transgressors abide before Thine eyes. Thou hast hated all them that work iniquity; Thou shalt destroy all them that speak a lie. A man that is bloody and deceitful shall the Lord abhor. But as for me, in the multitude of Thy mercy shall I go into Thy house; I shall worship toward Thy holy temple in fear of Thee. O Lord, guide me in the way of Thy righteousness; because of mine enemies, make straight my way before Thee. For in their mouth there is no truth; their heart is vain. Their throat is an open sepulcher, with their tongues have they spoken deceitfully; judge them, O God. Let them fall down on account of their own devisings; according to the multitude of their ungodliness, cast them out, for they have embittered Thee, O Lord. And let all them be glad that hope in Thee; they shall ever rejoice, and Thou shalt dwell among them. And all shall glory in Thee that love Thy Name, for Thou shalt bless the righteous. O Lord, as with a shield of Thy good pleasure hast Thou crowned us.

Psalm 89

Reader: Lord, Thou hast been our refuge in generation and generation. Before the mountains came to be and the earth was formed and the world, even from everlasting to everlasting Thou art. Turn not man away

unto lowliness; yea, Thou hast said: Turn back, ye sons of men. For a thousand years in Thine eyes, O Lord, are but as yesterday that is past, and as a watch in the night. Things of no account shall their years be; in the morning like grass shall man pass away. In the morning shall he bloom and pass away, in the evening shall he fall and grow withered and dry. For we have fainted away in Thy wrath, and in Thine anger have we been troubled. Thou hast set our iniquities before Thee; our lifespan is in the light of Thy countenance. For all our days are faded away, and in Thy wrath are we fainted away; our years have, like a spider, spun out their tale. As for the days of our years, in their span they be threescore years and ten. And if we be in strength, mayhap fourscore years; and what is more than these is toil and travail. For mildness is come upon us, and we shall be chastened. Who knoweth the might of Thy wrath? And out of fear of Thee, who can recount Thine anger? So make Thy right hand known to me, and to them that in their heart are instructed in wisdom. Return, O Lord; how long? And be Thou entreated concerning Thy servants. We were filled in the morning with Thy mercy, O Lord, and we rejoiced and were glad. In all our days, let us be glad for the days wherein Thou didst humble us, for the years wherein we saw evils. And look upon Thy servants, and upon Thy works, and do Thou guide their sons. And let the brightness of the Lord our God be upon us, and the works of our hands do Thou guide aright upon us, yea, the work of our hands do Thou guide aright.

PSALM 100

Reader: Of mercy and judgement will I sing unto Thee, O Lord; I will chant and have understanding in a blameless path. When wilt Thou come unto me? I have walked in the innocence of my heart in the midst of my house. I have no unlawful thing before mine eyes; the workers of transgressions I have hated. A crooked heart hath not cleaved unto me; as for the wicked man who turned from me, I knew him not. Him that privily talked against his neighbour did I drive away from me. With him whose eye was proud and his heart insatiate, I did not eat. Mine eyes were upon the faithful of the land, that they might sit with me; the man that walked in the blameless path, he ministered unto me. The proud

doer dwelt not in the midst of my house; the speaker of unjust things prospered not before mine eyes. In the morning I slew all the sinners of the land, utterly to destroy out of the city of the Lord all them that work iniquity

At the conclusion of the reading from the Psalter, the reader says:

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee, O God

Alleluia, alleluia, alleluia. Glory to Thee, O God.

Alleluia, alleluia, alleluia, Glory to Thee, O God,

Lord have mercy, Lord have mercy, Lord have mercy.

Glory to the Father and to the Son and to the Holy Spirit.

TROPARION OF THE DAY

Special Troparion are sung on feast days and special saints days, or one of the following, according to the day of the week.

MONDAY (Tone 4) - To the Holy Angels

O ye foremost of the heavenly hosts, we, though unworthy, beseech you that by your petitions ye would encompass us with the shadow of your immaterial glory, preserving us who kneel and cry ceaselessly. Deliver us from oppressions since ye are the princes of the ranks of dominions on high.

TUESDAY (Tone 2) - To the Forerunner, John the Baptist

The memory of the righteous is celebrated with songs of praise, but the Lord's testimony is sufficient for thee, O Forerunner. Thou wast shown indeed to be the most honorable of the prophets, for in the waters thou didst baptize Him who had been proclaimed. After suffering with joy on behalf of the truth, thou didst proclaim even to those in Hades the God who appeared in the flesh, who taketh away the sins of the world and granteth us great mercy.

WEDNESDAY & FRIDAY (Tone 1) – For the Cross

O Lord, save Thy people and bless Thine inheritance, grant victory to Orthodox Christians over their adversaries; and preserve Thy habitation by Thy Cross.

THURSDAY (Tone 3) - To the Apostles, Peter and Paul

O holy Apostles, intercede with the merciful God to grant our souls forgiveness of sins.

SATURDAY (Tone 2) – For all the Saints

O ye Apostles, martyrs, prophets, hierarchs, saints and righteous, who have fought the good fight and kept the faith, we beseech you, since ye have achieved favor with the Savior, plead with Him for our sake, for He is good, to save our souls.

Both now and ever, and unto ages of ages. Amen.

Theotokion and Psalm Verses of the Hour

What shall we call thee, O thou who art full of grace? Heaven, for from thee shone forth the Sun of righteousness; Paradise, for thou hast budded forth the flower of immortality; Pure Mother, for thou hast held in thy holy embrace a Son, who is God of all. Beseech thou Him to save our souls.

My steps do thou direct according to Thy saying, and so let no iniquity have dominion over me. *(twice)* Deliver me from the false accusation of men, and I will keep Thy commandments. *(twice)* Make thy face to shine upon Thy servant, and teach me Thy statutes. *(twice)*

Let my mouth be filled with Thy praise, O Lord, that I may hymn Thy glory and Thy majesty all the day long. *(thrice)*

The reader then says the trisagion prayers.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.
(*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit
both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our
sins. Master, pardon our iniquities. Holy God, visit and heal
our infirmities for Thy Name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit:
both now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy Name; Thy
Kingdom come; thy will be done on earth, as it is in heaven.
Give us this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass against us; and
lead us not into temptation, but deliver us from evil

Amen.

The Kontakion of the day

Special Kontakion are sung on feast days and special saints days, or one
of the following, according to the day of the week.

MONDAY (Tone 2) - To the Holy Angels

O heads of the hosts of God, servants of the divine glory,
guides of human beings, and leaders of the incorporeals,
intercede for that which benefits us, and seek for us the Great
Mercy; for ye are the heads of the incorporeal hosts.

TUESDAY (Tone 2) - To the Forerunner, John the Baptist

O prophet of God and forerunner of grace, we have found thy
head in the earth as an all-pure rose. Wherefore, we seek
from it healing at all times; for as of old thou ceasest not in
the world to preach repentance.

WEDNESDAY & FRIDAY (Tone 4) – For the Cross

Do Thou, who of Thine own good will was lifted up upon the cross, O Christ our God, bestow Thy bounties upon the new nation which is called by Thy name. Make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries. Having in Thine aid a weapon of peace and a trophy invincible.

THURSDAY (Tone 2) - To the Apostles, Peter and Paul

Verily, O Lord, Thou hast translated to bliss and the enjoyment of Thy blessings, the two trustworthy preachers, theologians, and heads of Thy disciples; for Thou didst accept their struggles and death as better than any sacrifice, O Thou who alone knowest the secrets of our hearts.

SATURDAY

Unto Thee, O Lord the Author of creation, the universe doth offer the God-bearing martyrs as the first-fruits of nature. By whose prayers, through the Theotokos, do Thou preserve in peace profound Thy Church, O most merciful One.

Lord, have mercy. (forty times)

Thou Who at all times and at every hour, both in heaven and on earth art worshipped and glorified, O Christ God, long-suffering, plenteous in mercy and compassion, Who lovest the just and showest mercy to sinners; Who callest all men to salvation through the promise of good things to come: Do Thou, the same Lord, receive also our supplications at this present hour, and direct our lives according to Thy commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; deliver us from all calamity, wrath, and distress. Compass us round about with Thy holy angels; that, guided and guarded by their hosts, we may attain unto the unity of the Faith, and to the

comprehension of Thine ineffable glory. For blessed art Thou unto ages of ages. Amen.

Lord, have mercy. (THRICE)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Thou who without corruption bearest God the Word; and art truly Theotokos: we magnify thee.

In the Name of the Lord, bless. Amen.

The Final Prayer

O Christ, the true Light, which illumineth and sanctifieth every man who cometh into the world: Let the light of Thy countenance be signed upon us, that in it we may behold the light ineffable. Guide our footsteps aright, to the keeping of Thy commandments, through the intercessions of thine all-immaculate Mother and of all Thy saints. Amen.

Glory to the Father, and to the Son, and to the Holy Spirit, Both now and ever and unto ages of ages. Amen.

Lord, have mercy. Lord have mercy. Lord have mercy. Lord, bless.

Through the prayers of our holy fathers, Lord Jesus Christ our God, have mercy on us, and save us.

Amen.